




ELK CITY PUBLIC SCHOOLS
LUNCH MENU
SEPTEMBER 2016



Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
			Breakfast for Lunch Biscuit & Gravy Scrambled Eggs Sausage Pattie Hashbrowns Fruit Choice	Flautas Pinto Beans Lettuce and Tomato Fruit Choice
5	6	7	8	9
	Steakfinger Mashed Potatoes Gravy Cooked Carrots Hot Roll Fruit Choice	Pizza Corn Fresh Salad Ranch Dressing Fruit Choice	Hamburger/Cheeseburger SLIDERS Crispy French Fries Baked Beans Fresh Veggie Cup Fruit Choice	Beef Nachos Pinto Beans Lettuce and Tomato Salsa Fruit Choice
12	13	14	15	16
Chicken Alfredo Steamed Broccoli Breadstick Fruit Choice	BBQ Smokies Mac and Cheese Green Beans Fruit Choice	Pizza on a Bun Corn Fresh Salad Ranch Dressing Fruit Choice	Beans and Franks Tator Tots Fresh Veggie Cup Fruit Choice	Chicken Fajitas Pinto Beans Lettuce and Tomato Salsa Fruit Choice
19	20	21	22	23
Spaghetti Steamed Broccoli Breadstick Fruit Choice	Popcorn Chicken Mashed Potatoes Gravy Green Beans Hot Roll Fruit Choice	Pizza Corn Fresh Salad Ranch Dressing Fruit Choice	Hamburger/Cheeseburger Crispy French Fries Baked Beans Fresh Veggie Cup Fruit Choice	Beef Taco Pinto Beans Lettuce and Tomato Salsa Fruit Choice
26	27	28	29	30
Ravioli Steamed Broccoli Breadstick Fruit Choice	Salisbury Steak Mashed Potatoes Gravy Green Beans Hot Roll Fruit Choice	Stuffed Bread Stick Marinara Sauce Corn Fresh Salad Ranch Dressing Fruit Choice	Hotdog Chili Tator Tots Baked Beans Fresh Veggie Cup Fruit Choice	Chicken Quesadilla Pinto Beans Lettuce and Tomato Salsa Fruit Choice

A "Grab and Go" option of a meat and cheese sandwich, fresh fruit and vegetable, and milk and juice are available daily at each site.
 VARIETY OF MILK AND 100% FRUIT JUICE OFFERED DAILY. MENUS ARE SUBJECT TO CHANGE.
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.