






ELK CITY PUBLIC SCHOOLS
LUNCH MENU
OCTOBER 2016



Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Spaghetti Steamed Broccoli Bread Stick Fruit Choice	4 Chicken Tenders Mashed Potatoes and Gravy Green Beans Hot Roll Fruit Choice	5 Meat and Cheese Calzone Corn Fresh Salad Fruit Choice Homecoming Week	6 Breakfast for Lunch Biscuit & Gravy Scrambled Eggs Sausage Pattie Hashbrowns Fruit Choice	7 Flautas Pinto Beans Lettuce and Tomato Fruit Choice
10 Goulash Green Beans Crackers Fruit Choice	11 Steakfinger Mashed Potatoes Gravy Fresh Veggies Hot Roll Fruit Choice	12 NO SCHOOL! PARENT/TEACHER CONFERENCE	13 FALL BREAK	14 FALL BREAK
17 CHAMPION Chicken Alfredo Steamed Broccoli Breadstick Fruit Choice 	18 SPIRITED BBQ Smokies Mac and Cheese Green Beans Fruit Choice	19 PRIDEFUL Pepperoni Pizza Corn Fresh Salad Ranch Dressing Fruit Choice	20 QUARTERBACK Corndogs Tator Tots Fresh Veggie Cup Fruit Choice	21 BIG ELK Chicken Fajitas Pinto Beans Lettuce and Tomato Salsa Fruit Choice
24 Spaghetti Steamed Broccoli Breadstick Fruit Choice 	25 Popcorn Chicken Mashed Potatoes Gravy Green Beans Hot Roll Fruit Choice	26 Pizza on a Bun Corn Fresh Salad Ranch Dressing Fruit Choice	27 Hamburger/Cheeseburger Crispy French Fries Baked Beans Fresh Veggie Cup Fruit Choice	28 Beef Taco Pinto Beans Lettuce and Tomato Salsa Fruit Choice
31 Ravioli Steamed Broccoli Breadstick Fruit Choice	1 		2 3	4
<p>**A "Grab and Go" option of a meat and cheese sandwich, fresh fruit and vegetable, and milk and juice are available daily at each site.** VARIETY OF MILK AND 100% FRUIT JUICE OFFERED DAILY. MENUS ARE SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</p>				

NATIONAL
SCHOOL
LUNCH
WEEK!---->